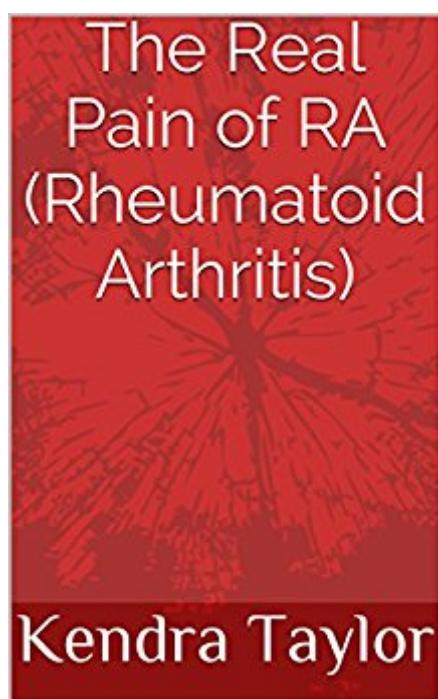


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# The Real Pain Of RA (Rheumatoid Arthritis): A Patient's Perspective



## **Synopsis**

I wrote this book for people newly diagnosed with Rheumatoid arthritis or anyone that is battling chronic disease. I want to share a lot of the challenges of living with RA from a patient's perspective. RA is a very serious disease and after only two years of being diagnosed, I was unable to work. I was diagnosed with RA seven years ago, and I want to share the difficulty I experienced transitioning from being an independent working adult, to becoming fully disabled. Living with chronic disease is not easy, but you can recover and get your life back. I felt it was necessary to share my struggle and the steps I took to recover. I want you to know you are not alone although family, friends, and even doctors can sometimes misunderstand you. Living with RA is a lifelong journey and it will take a lot of patience, courage, and faith to recover. I hope to inspire you to become a warrior, conquer RA, and fight for your health.

## **Book Information**

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## **Customer Reviews**

This book was written by my sister from her heart. No one, not even a family knows that an outward appearance can be so different than an inner appearance. I thank God for her writing this book and giving us the knowledge that we need. As family and friends to understand this disease. Kendra has done an excellent job with this book. With God, all things are possible. If you do have this disease or any other disease? Read this book, you can relate .

This disease is devastating and this story is so very similar to mine. There are times that feel so lonely and misunderstood. This book shows that I'm not alone. I recommend this book to anyone diagnosed with RA and those folks that are close to them.

I was diagnosed with RA 18 years ago and it has been a little challenging but manageable. This book gave me a more positive outlook and made me more aware of different aspects I have ever thought of or understood. I'm glad I read it and it's encouraging to know I'm not the only one battling this disease.

Wonderfully written from a patient's perspective

This book gives good insight to the struggle of living with Rheumatoid Disease. If you are newly diagnosed with one or more RDs, this book is helpful, especially for those who are going through the process of applying for disability benefits. It's also helpful for those who are family, friends or business associates who want to understand complexities of life for the RD patient. The author doesn't minimize the struggles and attendant anxiety of living with Rheumatoid Disease, but her book shines the light of hope in living with what seems like a hopeless situation.

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